

Efficacy of the daily penis-stretching technique to elongate the “Small Penis”

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1. Objectives:

The main surgical demand for penis enlargement comes from men whose penis size is within the standard limits but isn't considered satisfactory by the subject (“small penis”).

The aim of this study was to verify the efficacy of mechanical penis stretching physiotherapy in order to produce a penis enlargement.

2. Design and methods:

Nine healthy men suffering from “small penis” were enrolled (range age: 26-43 years). The initial stretched penis length was 12.0 cm (range 8.1-15.4). The **Andropenis®** was prescribed for at least 6 hours a day, over a period of at least 4 months.

3. Results:

In all subjects the enlargement of the penis was directly related to the time of use of the device. After 4 months the augmentation of the stretched penile length was +1.8 cm (range +0.5-+3.1 cm).

The daily average use was 6½ hours (range 3-9 hours). No side effects were registered.

4. Conclusions:

The data show the efficacy of the daily penis-stretching technique to elongate the “small penis”.

